Marol GYM - Website

Tasleemaat janab

Aap kem cho ?  
 mamluk ye past ek mahina ma Raudat ul ikhwan na tehet GYM - WEBSITE banawi che   
we can apply for all 4 branches talabat + talebaat

The aim is to offer each student a **personalised gym dashboard** that enables:

* Weekly workout planning and tracking
* Smart trainer-guided sessions
* Exercise tutorials with official video guides
* Fitness test logging (*by Khaimat al Riyazat*)
* Attendance tracking module
* Personalised tips based on the student's selected goals
* A space for blog articles (coming soon)

**Website is LIVE :**[**Marol-Jamea Gym Website**](https://webdev-raudat-al-ikhwan.onrender.com/)  
**1st use deploy link :**[**https://api.render.com/deploy/srv-d0vdr1p5pdvs738dbl7g?key=4Gg3a0nDtT4**](https://api.render.com/deploy/srv-d0vdr1p5pdvs738dbl7g?key=4Gg3a0nDtT4)now again open this link : "<https://webdev-raudat-al-ikhwan.onrender.com/>"

alt link : <https://tinyurl.com/marolgym>  
  
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**GitHub Repository:**  
📁 laheri72/ajsm-gym *(Public)*  
  
Somee server : database: fittracker  
connection (for MSSQL sever) : [fittracker.mssql.somee.com](http://fittracker.mssql.somee.com/)

 Connection details

SQL Server version: MS SQL 2019 Express

SQL Server address: fittracker.mssql.somee.com

Login name: idris5687

Login password: idris5253

Connection string: workstation id=fittracker.mssql.somee.com;packet size=4096;user id=idris5687;pwd=idris5253;data source=fittracker.mssql.somee.com;persist security info=False;initial catalog=fittracker;TrustServerCertificate=True  
  
**Hosting & deployed by : render.com**-------------------------------------------------------------------------------------------------------------------------

**💻 Website Functionality (Preview with Sample Logins):**

**1. Staff Dashboard**

Login: StaffMarol | Password: GYM1446  
**Roles:**

* Add Gym students (bulk feature included)
* View, edit, or delete student records (Master Table)
* Track student progress (by workout type)
* View/download fitness test reports
* Weekly attendance tracking (auto-generated week IDs)

**2. Trainer Dashboard**

Login: TrainerMarol | Password: GYM1446  
**Roles:**

* View active students (TRs)
* Log workouts (legs, chest, biceps, etc.)
* Submit and review daily attendance

**3. Student Dashboard**

Login Example: TR: 25687 | Password: 25687  
**Roles:**

* Plan weekly workouts (auto-load from previous week)
* View personalised tips based on fitness goals
* Explore each exercise with proper video tutorials
* Track attendance
* Automatic dashboard activation once added by Staff

*(Note: Login ID/Password is based on "TR", can be changed to ITS if required)*

**4. Fitness Test Module**

Login: TR: 25687 | ITS: 40401849  
**Role:**

* Conduct & log multiple fitness tests (by Khaimat al Riyazat)
* Auto-generate and save performance reports
* Reports are reflected in the Staff dashboard

**5. Blogs Section *(Coming Soon)***

* Fun, motivational, and informative fitness content

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tried this all by learning

1. Fetch API - NODE EXPRESS (JSON node.js),
2. SQL ,
3. .js Libs (Quill.js) ,
4. Bootstrap,
5. Sweetalerts@2,
6. HTML,
7. CSS.

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**🙏 Request for Review and Suggestions**

Janab, I request your noble review of this project. Kindly share your thoughts and suggest areas of improvement — technically, functionally, or in user experience — so I may refine it further. I have kept in mind the cross-branch structure as per AVIT Marol (Janab Taher bhai)'s instruction. Hence, **branch and gender-based logic** is implemented throughout.

Basic **session-based access control** is enabled on all pages for user security.

This is a **humble beginning** in the direction of merging health, fitness, and technology at our Al-Jamea. I remain in need of **du’a mubarak**, guidance, and support from *Talabat* and *Asaatiza Kiram*.

**Shukran Jazeelan** for your time and consideration.

Warm regards,  
**Mamluk syenda TUS**  
*M Idris Huzaifa Laheri*

*25687/T*